

# **HEALTH DAYS**

17th International Specialized Fair "Medicop"

1st International Fair for Third Age Persons "Golden Age"

SKENDERIJA CENTER SARAJEVO 28th - 30th September 2017.

### GOAL:

Health promotion and activities that contribute to health - complete physical, mental and social well-being

### SUPPORT AND COOPERATION BY:

- Medical Chamber of Federation of Bosnia and Herzegovina (FBiH)
- Dental Chamber of FBiH
- Chamber of graduated health engineers of all profiles in FBiH
- Chamber of all profiles Health Technicians of FBiH
- Association of Nurses and Technicians of FBiH
- Association for Physiotherapy of FBiH
- Association "Public Health Partnership"
- Association "Generation" Center for Health Promotion

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## Preliminary professional education program (submitted by June 23, 2017):

- Medical counseling (blood pressure measurement, blood sugar level and body mass index)
- Therapeutic Exercise Program for Third Age Persons
- Educational Workshop for Therapeutic Exercises for Work-Mature People (Take a Break for Your Health).
- Presentation of the project and program for proper growth and development of the child
- · Modeling healthy meals to children
- Set of exercises for proper growth and development of a child
- "The Role of the Chamber in the FBiH Health System", lecturer Prim. Dr. Harun Drljević
- "Osteoporosis in the Light of Healthy Aging", lecturer of Dženita Pinjo, Master of Health Sciences
- "Exercise for Prevention and Treatment of Osteoporosis", lecturer Emir Klisura, Master of Health Sciences
- "Healthy Lifestyles of Third-Year Persons"
- "Prevention and Importance of Oral Health", Mirjana Duspara, MD, Ph.D.
- "The importance of continuous temperature maintenance in the cold chain in order to preserve the immunological value of the vaccine and serum "- lecturer Mediha Zulić
- "The health of health workers and the blood of transmissible pathogens" lecturer Sabina Šegalo
- "Challenges and Perspectives of Sanitary Protection of Source in Canton Sarajevo" lecturer Nerma Maestro
- "Introduction of quality and safety system in health care institution" lecturer Danijela Ovcina, Sarajevo, BiH
- "Microbiological Monitoring of Air in Hospital Environments" Sadik Jahić, Tuzla, BiH
- "Down syndrome" Nejra Korić, Sarajevo, BiH
- "Influence of Therapeutic Exercises on the Functional Ability of Third-Year Persons" lecturer Mahir Selmanović, Sarajevo, BiH

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